



# Harringtons

— ON THE HILL



## Gluten Free Lunch Menu

1 course or 2 starters £12.95 / 2 courses £16.95 or 3 courses £19.95

If you order 2 or more courses (a main course including) we offer a complimentary glass of house wine or a glass of apple, orange or pineapple juice (parties up to 12 guests only). This deal does not include a Special menu.

### STARTERS

Home Made Soup of the Day with Gluten Free Bread  
Buffalo Mozzarella & Tomato Salad with Basil Pesto  
Glazed Goats Cheese with Roast Mediterranean Vegetables and Basil Pesto  
Trout and Potato Salad with Horseradish and a Poached Egg

### MAINS

Harringtons Grilled Fish and Chips with Mushy Peas and Tartare Sauce (veggie option Grilled Halloumi available) - please note that our chips are fried in the same fryer that is used for battered Fish so may contain some gluten

\* Roast Fillet of Chalk Stream Trout with Tenderstem Broccoli, Bacon and Mushrooms

\* Chicken Supreme with a Creamy Mushroom & Tarragon Sauce

\* Grilled Fish of the Day with a Caper, Lemon and Parsley Emulsion and House Salad

Mushroom, Parmesan and Pine Nuts Risotto

(Vegan Option is available)

\* Comes with a choice of potato chips, new potato or creamy mash - our chips are fried in the same fryer as the battered fish so may contain some gluten

6oz Rump Steak Served with Grilled Tomato, Mushroom, and Homemade Chips, New Potatoes or Mash (£2.00 supplement)

Add Surf and Turf (Garlic King Prawns) **£3.50**

Steak Sauces: Béarnaise | Peppercorn **£1.00 each**

### SALADS

Chicken and Bacon Caesar Salad and Parmesan Cheese

Grilled Mediterranean Vegetables Salad with Quinoa & a Pesto Dressing

Add Halloumi

Add Roasted Trout or Chicken Breast (£2.00 supplement)

### SIDES

Chips, House Salad, Seasonal Vegetables, Minted New Potatoes, Creamy Mash Potato, Tomato and Onion Salad **£3.50 per dish**

### DESSERTS

Warm Chocolate Brownie with Salted Caramel Ice Cream

Strawberry Eton Mess with Strawberry Ice Cream

Vanilla Pannacotta with a Mango & Passionfruit Coulis

### Selection of ice-cream & Sorbet:

Vanilla / Strawberry / Mint Chocolate Chip / Maple & Walnut / Salted Caramel / Rum & Raisin / Chocolate / Pistachio / Mango and Passionfruit Sorbet / Lemon Sorbet / Raspberry Sorbet

\*\* Allergy statement: Menu items may contain or come into contact with WHEAT, EGGS, PEANUTS, TREE NUTS and MILK.